# Kama Karana Spa invites you to a haven of peace. rejuvenation and tranquility.

Traditional philosophy and ancient knowledge of traditional Balinese healing is widely used to govern our well-being and personal vitality. Our holistic approach of Balinese healing treatments inspired by classical Hindu medical science based on Ayurvedic bible. In order to maintain good health, it is believed that the 'right' energy and positive vibrations must flow freely within the body. Often the stresses of modern life block this free-flowing energy making it essential to rebalance our 'Chakras' and regain health. Our therapeutic massages and treatments are based on this traditional philosophy.

The intuitive and skilled touch of our trained therapists promises to rejuvenate the body, calm the mind and harmonize the senses.

We incorporate natural, health-boosting botanical extracts and formulations into our therapies to bring you sustainable benefits. Several of our wellness products are crafted in-house using traditional recipes.

### BLISSFUL UBUD

Approximately 4 hours/ IDR 2,277,000 An ultimate blissful and relaxing spa tretment which takes a pampering approach to restore and revitalize body, mind, and spirit.

#### INCLUDES:

- · Aromatherapy foot and body wash
- Balinese massages
- Traditional body scrub
- · Flower petal bath
- Natural facial
- · Traditional cream bath
- · Light refreshment and herbal drink

# RAMA & SHINTA

Approximately 4.50 hours/ IDR 4,140,000 This is truly romance for two. This unique signature ritual will share a relaxing, rejuvenating, and romantic spa experience with your partner.

### INCLUDES :

- Aromatherapy foot and body wash
- Balinese massages
- · Traditional body scrub
- · Flower petal bath
- Natural facial
- · Traditional manicure & pedicure or foot reflexiology
- · Light refreshment and herbal drink

#### FOOT REMEDY

Approximately 2 hours/IDR 966,000 An integrated series of foot treatment to release tension accumulated from daily life and be spoilt with a traditional spa pedicure.

#### INCLUDES:

- · Aromatherapy foot wash
- · Foot massages and foot scrub
- · Traditional pedicure

#### KEMBANG VILLAGE

Approximately 3 hours/IDR 2,139,000 Kembang means "flower". A glorious combination treatment which regenerate the inner beauty.

#### INCLUDES:

- · Aromatherapy foot and body wash
- · Balinese massages
- Traditional body scrub
- · Flower petal bath
- Natural facial
- · Light refreshment and herbal drink

## ROYAL SPA

Approximately 2 hours/ IDR 1,311,000 An enlightening combination of authentic Balinese royalty remedies for rejuvenation and relaxation.

#### INCLUDES:

- · Aromatherapy foot and body wash
- · Balinese massages
- · Traditional body scrub
- Flower petal bath
- · Herbal drink

### HEAVEN and EARTH

Approximately 3 hours/ IDR 2.070,000 Unite the Heaven with the Earth for relaxation and well being

### INCLUDES:

- · Aromatherapy foot and body wash
- · Balinese massages
- · Traditional body scrub
- · Flower petal bath
- Foot massages
- Traditional pedicure
- · Light refreshment and herbal drink

Menu	Duration	Rates on IDR	Menu	Duration	Rates on IDR
BALINESE MASSAGES	60 MIN	552,000	LONG HAIR		552,000
AROMATHERAPY BODY MASSAGES	90 MIN	897,000	TRADITIONAL MANICURE	45 MIN	524,400
STONE MASSAGES	90 MIN	759,000	TRADITIONAL PEDICURE	60 MIN	552,000
FOOT REFLEXOLOGY	60 MIN	483,000	TRADITIONAL MANICURE & PEDICURE	120 MIN	966,000
GREEN TEA - BODY SCRUB	60 MIN	621,000	FRENCH MANICURE & PEDICURE	60 MIN	690,000
COCONUT - BODY SCRUB	60 MIN	621,000	NAIL PAINTING	45 MIN	441,600
HERBAL - BODY SCRUB	60 MIN	621,000	WAXING TREATMENT		
TRADITIONAL BOREH - BODY SCRUB	60 MIN	621,000	FULL LEG		897,000
AROMATHERAPY FLOWER BATH	30 MIN	414,000	HALF LEG		759,000
MILK BATH	30 MIN	621,000	UNDER ARM		621,000
NATURAL REJUVENATING FACIAL	90 MIN	897,000	BIKINI LINE		621,000
TRADITIONAL REJUVENATING FACIAL	45 MIN	483,000	BLISSFUL UBUD - PACKAGE	4 HOURS	2,277,000
TRADITIONAL CREAMBATH	60 MIN	579,600	RAMA & SHINTA (per couple) - PACKAG	E 4.5 HOUR	\$ 4,140,000
HAIR MASK	60 MIN	579,600	ROYAL SPA - PACKAGE	2 HOURS	1,311,000
HAIR WASH AND BLOW DRY	60 MIN	414,000	KEMBANG VILLAGE - PACKAGE	3 HOURS	2,139,000
HAIR PLAITING (MITSUAMI)			HEAVEN and EARTH - PACKAGE	3 HOURS	2,070,000
SHORT HAIR		414,000	FOOT REMEDY - PACKAGE	2 HOURS	966,000