

DAVA JOURNEYS

ROYAL SPA

90 minutes IDR 450.000 IDR /person

90 minutes IDR 800.000 IDR /couple

An enlighthening combination of Balinese royal remedies for rejuvenation and relaxation including a traditional Balinese massage followed by a body scrub treatment.

DAVA HERITAGE

120 minutes IDR 600.000IDR /person

120 minutes IDR 1.100.000 /couple

Inspired from our balinese culture this package combines an aromatherapy massage, Balinese boreh scrub treatment to improve the blood circulation, ending the journey with a herbal bath to encourage the body to enter a phase of deep rest.

BLISSFUL UBUD

150 minutes IDR 750.000 /person

150 minutes IDR 1.400.000 /couple

An ultimate blissfull and relaxing journey with a pampering approach to restore and revitalize the body and mind. Blissful Ubud begins with an aromatherapy massage, followed by a refreshing facial and ending with a traditional hair creambath treatment.

Dava Spa invites you to a haven of peace, rejuvenation and tranquility.

The ancient knowledge of traditional Balinese healing is widely used to govern our well-being and personal vitality. In order to maintain a good health, the right energy and positive vibrations must flow freely within the body. Often the stresses of modern life block this free-flowing energy making it essential to rebalance our ,chakras' and regain health. Our therapeutic massages and treatments are based on this traditional philosophy.

The intuitive and skilled touch of our trained therapists promises to rejuvenate the body, calm the mind and harmonize the senses.

BALINESE MASSAGE

60 minutes IDR 275.000 | 90 minutes IDR 390.000

The Balinese massage honours ancient Balinese healing traditions to stimulate muscles using a varierity of techniques including skin rolling, kneading and stroking specific pressure points. This therapy will relieve strained muscles, reduces stress levels and balances the body's energy.

HOT STONE MASSAGE

90 minutes IDR 450.000

Warm river stones are placed on trigger points of your body after a relaxing but firm massage. The heat promotes relaxation of tight muscles. This type of massage therapy will further help to reduce muscle spasms, increases blood flow and encourages better circulation.

AROMATHERAPY MASSAGE

60 minutes IDR 275.000 | 90 minutes IDR 390.000

Aromatherapy massage for a positive emotional health and wellbeing. The therapeutic power of warm essential oil paired with a massage involving gentle and harder pressure will increase the level of feel-good hormones, promoting calmness and relaxation.

REFLEXOLOGY

60 minutes IDR 250.000

Reflexology foot massage focuses on all trigger points on the feet that are connected through the nervous system to certain organs in the body. By applying different amounts of pressure to the feet, this therapy will help the body to return to a more relaxed and balanced state.

PREGNANCY

60 minutes IDR 350.000 | 90 minutes IDR 450.000

We only recommend a pregnancy massage treatment during the second and third trimester. The massage position is side lying supported by an additional pillow for absolute comfort. This gentle massage will promote relaxation and bonding, soothe nerves, reduces swelling and relieve tired muscles.

KIDS MASSAGE (5-12 years)

60 minutes IDR 250.000

This treatment will start with a short warm up and deep breathing excersice to initiate the relaxing therapy. A gentle full body massage to promote the well-being and energizing the body using virgin coconut oil.

All prices are subject to an additional 21% service charge and government tax.

All prices are subject to an additional 21% service charge and government tax.

ADDITIONAL MINI TREATMENT

Select any of the below treatments as add-on to your massage therapy.

NECK & SHOULDER MASSAGE	30 minutes IDR 150.000
FOOT REFLEXOLOGY	30 minutes IDR 150.000
REFRESHING FACIAL	30 minutes IDR 170.000
MILK BATH	30 minutes IDR 200.000

HANDS and FEET RITUAL

PEDICURE

60 minutes IDR 300.000 (without nail polish)

The Dava Spa pedicure treatment starts with a foot cleansing ritual, followed by shortening and shaping the nails, removing cuticles and a foot scrub to remove dead skin. It also includes a relaxing foot massage and nail vitamins to strengthen nails and promote growth.

MANICURE

60 minutes IDR 380.000 (without nail polish)

The Dava Spa manicure treatment starts with a hands cleansing ritual, followed by shortening and shaping the nails and removing cuticles. A gentle hand scrub will remove dead skin and promote softness. It also includes a relaxing hand massage and nail vitamins to strengthen nails and promote growth.

PEDICURE & MANICURE

120 minutes IDR 600.000 (without nail polish)

A Combination of both pedicure and manicure treatment for healthy looking hands and feet, boosting nail health and supporting softness of the skin.

HAIR TREATMENT

TRADITIONAL INDONESIAN CREAMBATH

60 minutes IDR 250.000

The traditional creambath has been an ancient beauty ritual for both men and woman in Indonesia. It includes a head and neck massage to release stress and reduce tension headaches. The conditioning hair mask is promoting healthy and shining hair.

HAIR WASH	45 minutes IDR 200.000
HAIR MASK	60 minutes IDR 300.000

All prices are subject to an additional 21% service charge and government tax.

FOR MEN

MEN' FACIAL

60 minutes IDR 250.000

This is the perfect way to deep cleanse and help to renew skin cell. Includes a complete neck and shoulder massage to eliminate tension

PEDICURE

60 minutes IDR 380.000

This pedicure treatment starts with a foot cleansing ritual, followed by shortening and shaping the nails, removing cuticles and a foot scrub to remove dead skin. It also includes a relaxing foot massage and nail vitamins to strengthen nails and promote growth.

MANICURE

60 minutes IDR 300.000

This manicure treatment starts with a hands cleansing ritual, followed by shortening and shaping the nails and removing cuticles. A gentle hand scrub will remove dead skin and promote softness. It also includes a relaxing hand massage and nail vitamins to strengthen nails and promote growth.

PEDICURE & MANICURE

120 minutes IDR 600.000

A Combination of both pedicure and manicure treatment for healthy looking hands and feet, boosting nail health and supporting softness of the skin.

REFRESHING RITUALS

DAVA FACIAL

60 minutes IDR 250.000

This moisturizing facial calms and rejuvenate the sensitive facial skin leaving it hydrated and glowing. The Dava Facial treatment includes deep cleansing, face scrub, a gentle massage to stimulate circulation and raising emotional energy, a calming face mask and a hydrating moisturizer.

BODY SCRUB

60 minutes IDR 250.000

The body scrub ritual will renew and detoxify the skin. It further encourages skin rejuvenation by removing dead skin cells and smoothen the skin by clearing and unclogging t

All prices are subject to an additional 21% service charge and government tax.